Community Health Survey Instrument

2021 Milwaukee County Community Health Survey

Welcome to this Milwaukee County community health survey. The information collected in this survey will allow community organizations across Milwaukee County to better understand the health needs in your community. The knowledge gained will be used to implement programs that will benefit everyone in the community. We can better understand community needs by gathering the voices of community members like you to tell us about the issues that you feel are the most important.

REMINDER: You must be 18 years old or older to complete this survey. We estimate that it will take 10 minutes to complete. Survey results will be available and shared broadly in the community within the next year. The responses that you provide will remain anonymous and not attributed to you personally in any way. Your participation in this survey is completely voluntary. If you have any questions, please contact Justin Rivas by email at <u>jrivas@mkehcp.org</u>. Thank you very much for your input and your time!

Please answer a few questions about yourself so that we can see how different types of people feel about local health issues.

Demographic questions

*Q1 - In what zip code do you live? Please write in your five-digit zip code in the box below.

ZIP Code:

*Q2. Please select the city or village within Milwaukee County where you live.

0	Bayside	0	Oak Creek
0	Brown Deer	0	River Hills
0	City of Milwaukee	0	Shorewood
0	Cudahy	0	South Milwaukee
0	Franklin	0	St. Francis
0	Fox Point	0	Wauwatosa
0	Glendale	0	West Allis
0	Greendale	0	West Milwaukee
0	Greenfield	0	Whitefish Bay
0	Hales Corners	0	Other

Q3 - Are you of Hispanic/Latino/Latinx origin or descent? Select one.

- O Hispanic/Latino/Latinx Please Answer Q4
- O Non-Hispanic/Latino/Latinx SKIP to Q5
- O Prefer not to answer SKIP to Q5

Q4. If you are Hispanic/Latino/Latinx do you identify as any of the following? Select all that apply.

- Mexican
- Mexican American
- Puerto Rican
- Cuban
- Dominican
- Central American
- South American
- Spanish
- Other Hispanic/Latino _____

Q5 – Which of the following best describes you? Select one.

- O American Indian or Alaskan Native
- O Asian or Asian American
- O Black or African American
- O Native Hawaiian or other Pacific Islander
- O White or Caucasian
- O Two or more races
- O Some other race
- O Prefer not to answer

Q6 - What is your age? Select one.

- O Under 18
- O 18-20
- O 21-24
- O 25-34
- O 35-44
- O 45-54
- O 55-64
- O 65-74
- O 75-84
- O 85 or older
- O Prefer not to answer

Q7 - To which gender identity do you most identify? Select one.

- O Female
- O Male
- O Transgender Female/Male-to-Female
- O Transgender Male/Female-to-Male

- O Non-binary
- O Prefer not to answer
- O Other identification: If you feel comfortable doing so, please indicate what other gender identity you most identity with: ______

Q8. Please consider sharing your sexual orientation with us. Do you think of yourself as (select one):

- O Straight (not lesbian or gay)
- O Gay
- O Lesbian
- O Bisexual
- O Pansexual
- O Queer
- O Something else: _____
- O Don't know
- O Prefer not to answer

Q9 - What is the highest level of education you have completed? Select one.

- O Did not attend school
- O Less than 9th Grade
- O Some High School, No Diploma
- O High School Graduate
- O Associate Degree
- O Bachelor's Degree
- O Master's Degree
- O Professional Degree
- O Doctorate Degree

Q10 - How much total combined money did all members of your household earn in the previous year? Select one.

- O Less than \$15,000
- O \$15,000 to \$24,999
- O \$25,000 to \$34,999
- O \$35,000 to \$49,999
- O \$50,000 to \$74,999

- O \$75,000 to \$99,999
- O \$100,000 to \$124,999
- O \$125,000 or more
- O Prefer not to answer

Q11 - Which is your current employment status? Select one.

- O Employed, working full-time SKIP TO Q13
- O Employed, working part-time SKIP TO Q13
- O Not working by choice SKIP TO Q13
- O Out of work, looking for work PLEASE ANSWER Q12

- O Out of work, but NOT currently looking for work PLEASE ANSWER Q12
- O A student SKIP TO Q13
- O Retired SKIP TO Q13
- O Unable to work PLEASE ANSWER Q12

Q12 - What is the main reason(s) you are not working? Select any that apply.

- ____ Attending school
- _____ Available jobs do not pay a wage that allows me to care for myself and my family
- _____ Cannot find childcare
- _____ Cost of childcare is too high
- ____ Full time work is too much
- ____ Part time work is not enough
- _____ Furloughed or temporarily unemployed
- _____ Shifts do not work with my schedule
- _____ Taking care of family member
- _____ Lack of transportation
- ____ Positive drug test/drug screen
- ____ Criminal history
- _____ Under 18 years old
- _____ Have not received my high school diploma or GED
- _____ Physically disabled
- _____I did not have a fair chance to get a job
- _____ Other (please specify) ______

Q13 - What language do you mainly speak at home? Select one.

- O Arabic
- O English
- O Hmong
- O Russian
- O Spanish
- O Some other language (please specify) _____

Q14 – Including yourself, how many people currently live in your household? Select one.

- O 1
- O 2
- O 3
- **O** 4
- O 5
- O 5
- O 6 or more

Health Behavior and Individual Health Questions

Q15 In the past three years, have you been treated for or been told by a doctor, nurse or other health care provider that:

	Yes	No	Not sure
You have diabetes?			
You have high blood pressure?			
Your blood cholesterol is high?			
You have heart disease or a heart condition?			
You have a mental health condition, such as an anxiety disorder, obsessive-compulsive disorder, panic disorder, post-trauma?			

Q16 How many times during the last month did you have five or more alcoholic drinks (if male) or four or more alcoholic drinks (if you are female)? Select one.

- O Never
- O Less than monthly
- O Monthly
- O Weekly
- O Daily or almost daily

Q17 How frequently do you smoke tobacco cigarettes? Select one.

- O Every day
- O Some days
- O I do not smoke tobacco cigarettes

Q18 How frequently do you smoke electronic cigarettes or vape? Select one.

- O Every day
- O Some days
- O I do not smoke electronic cigarettes or vape

*Q19 - How would you rate your own personal health in the past 12 months? Select one.

- O Very Unhealthy
- O Unhealthy
- O Somewhat Healthy
- O Healthy
- O Very Healthy

*Q20- Do you currently have a health insurance plan/health coverage? Select one.

- O Yes PLEASE ANSWER Q21 NEXT
- O No SKIP TO Q22
- O I don't know SKIP TO Q22

Q21 - Which type(s) of health plan(s) do you use to pay for your health care services? Select all that apply.

- Medicaid (Badgercare)
 Medicare
 Insurance through an employer (HMO/PPO) either my own or partner/spouse/parent
 Insurance through the Health Insurance Marketplace/Obama Care/Affordable Care Act (ACA)
 Private Insurance I pay for myself (HMO/PPO)
 Indian Health Services
- Indian Health Services
- Veteran's Administration
- COBRA
- □ I pay out of pocket/cash
- Other (please specify) _____

Q22 - In the past 12 months, was there a time that you needed health care or dental services but did not get the care that you needed (you didn't go to a doctor's or dentist's office when you needed to?) Select one.

- O Yes PLEASE ANSWER Q23 NEXT
- O No, I got the services that I needed SKIP TO Q24
- O Does not apply, I did not need health care services in the past year SKIP TO Q24

Q23 - Select the top reason(s) that you did not receive the health care/dental services that you needed in the past 12 months. Select all that apply.

- ____ Cost too expensive/can't pay
- ____ No insurance
- _____ Lack of transportation
- _____ Language barrier
- _____ Did not feel cared for, respected, or understood
- _____ Hours of operation did not fit my schedule
- ____ Wait is too long
- ____ No doctor is nearby
- _____ Office/service/program has limited access or is closed due to COVID-19
- _____ Insurance not accepted
- _____ Cultural/religious reasons
- _____ Lack of trust in healthcare/dental services and/or providers
- _____ Previous negative experience receiving care or services
- ____ Other (please specify) _____

Q24 - In the past 12 months, was there a time that you needed or considered seeking mental health services or alcohol/substance abuse treatment but did not get services? Select one.

- O Yes PLEASE ANSWER Q25
- O No, I got the services that I needed SKIP TO Q26
- O Does not apply, I did not need services in the past year SKIP TO Q26

Q25 - Select the top reason(s) that you did not receive mental health services or alcohol/substance use treatment. Select all that apply.

- ____ Cost too expensive/can't pay
- ____ No insurance
- Lack of transportation
- _____ Hours of operation did not fit my schedule
- _____ Language barrier
- _____ Did not feel cared for, respected, or understood
- ____ Wait is too long
- _____ No doctor is nearby
- _____ Office/service/program has limited access or is closed due to COVID-19
- _____ Insurance not accepted
- _____ I did not know how treatment would work
- _____ I worried that others would judge me
- ____ Cultural/religious reasons
- _____ Concerned that others would judge me
- _____ Lack of trust in healthcare services and/or providers
- _____ Previous negative experience receiving care or services
- _____ Other (please specify) ______

Q26 - In the past 12 months, did you go to a hospital Emergency Department (ED)? Select one.

- O Yes PLEASE ANSWER Q27
- O No, I have not gone to the hospital ED or Urgent Care SKIP TO Q28

Q27 - What were the main reasons that you went to the ED instead of a doctor's office or clinic? Select any that apply.

- After clinic hours/weekend
- _____I don't have a regular doctor/clinic
- _____I do not have health insurance
- _____ I feel more comfortable accessing my care in the ED or Urgent Care instead of at a doctor's office or clinic
- _____ Concerns about cost or co-pays
- _____ Emergency/Life-threatening situation
- _____ Long wait for an appointment with my regular doctor
- _____ I needed help and didn't know where else to go
- _____ My doctor (or other provider) told me to go
- _____ Other (please specify) ______

Q28 - What is your living situation today? Select one.

- O I have a steady place to live
- O I have a place to live today, but I am worried about losing it in the future
- O I do not have a steady place to live (I am temporarily staying with others, in a hotel, in a shelter, living outside on the street, on a beach, in a car, abandoned building, bus or train station, or in a park)

Q29 - During the past month, my household has been able to meet its needs with the money and resources we have.

- O Agree
- O Disagree

Q30 - What issues, if any, do you have with your current housing situation? Select all that apply.

- _____ Eviction concerns (prior, current, or potential)
- _____ Current housing is temporary, need permanent housing
- ____ High crime
- ____ Mortgage is too expensive
- ____ Need supportive and/or assisted living
- ____ Rent/facility is too expensive
- _____ Utilities (water, heat, electric)
- _____ Too far from town/services
- _____ Too run down or unhealthy environment (ex. mold, lead)
- _____ Too small /crowded problems with other people
- _____ Unsafe
- ____ None of the above
- _____ Other (please specify) ______

Q31 - In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?

- O Yes
- O No

Q32 - In the last 12 months, did your child/children eat less than you felt they should because there wasn't enough money for food?

- O Yes
- O No
- O Not applicable (N/A)

Q33 - In the past 12 months, did you or someone living in your home receive emergency food from a church, clinic, a food pantry, or a food bank, or eat in a soup kitchen? Select one.

- O Often
- O Sometimes
- O Never

Q34 – Thinking about your own life, do you feel that any of the following have been a challenge in your own life or not? Select an option for your response in each row below.

	Yes	No	Don't know
Unconscious bias – that is, people discriminating against			
other people without realizing they are doing it			
Individual acts of racism and discrimination			
Structural or systemic racism – that is, a system of			
established policies and practices that disadvantage			
people of color			
Limited access to wealth (i.e., savings, retirement,			
property)			
Limited access to quality education			
Limited opportunities for career advancement			
Limited access to quality housing			

Community Health Questions

In this survey, "community" refers to the major areas where you live, shop, play, work, and get services.

*Q35 - From the following list, what do you think are the three most important health issues/conditions *in your* community? <u>Select three.</u>

- Alcohol use and abuse (underage use, binge drinking, DWI)
- Asthma and other breathing issues
- □ Infectious diseases (West Nile Virus, Tuberculosis, measles, COVID-19)
- Chronic diseases like diabetes and heart disease
- Cancer
- Cigarette smoking and other tobacco use
- Dementia, including Alzheimer's Disease
- Drug use and abuse (prescription drug misuse and street drug use, including marijuana and weed)
- Infant Mortality
- Lead poisoning
- Mental health and mental conditions (anxiety, depression)
- Nutrition and healthy eating
- Oral health
- Physical activity and exercise
- Sexually transmitted infections (including HIV)
- Suicide

- Unintentional injuries (falls, motor vehicle crashes, poisonings)
- U Vaping, juuling, and e-cigarette use
- Other: _____

*Q36 - From the following list, what do you think are the three most important community needs that have to be addressed to improve health *for everyone* in the community? <u>Select three.</u>

 <u></u>
Access to affordable childcare/day care
Access to affordable healthcare
Access to affordable, healthy foods
Access to affordable housing
Access to community parks and other recreation locations for physical activity
Access to mental health services
Access to social services/safety net for people who are struggling
Bullying in schools and other youth settings
Child abuse and neglect
Clean air
Clean water
Community safety
Criminal justice reform
Domestic violence/Intimate partner violence
Good paying jobs and strong economy
Good schools and colleges
Gun violence
Human trafficking
Public transportation
Racism and discrimination
Support services for seniors (meals, transportation, housing, respite support)
Strong and supportive families/relationships
Other:

Q37 Below are some statements about health care services in your community. Select an option for your response in each row below.

	Yes	No	Don't Know
I am connected to a primary care doctor or health clinic that I am happy with			
I can get an appointment for my health needs quickly			
I can easily get to my health care provider or clinic			
I can access health information from credible sources			

Q38 - Below are some statements about health care services and providers (doctors, nurses, other hospital clinic staff) in your community. Select an option for your response in each row below.

	Yes	No	Don't Know
I feel heard and seen and listened to when receiving health care			
I feel I am treated differently because of my race or ethnicity when receiving health care			
I feel I am treated differently because of my gender when receiving health care			
I feel I am treated differently because of my sexual orientation when receiving health care			
I feel my family or support people are seen and listened to when I receive health care			
I feel seen and listened to when my child/children are receiving health care			

Q39 - Below are some statements about your community. Select an option for your response in each row below.

	Yes	No	Don't Know
There are quality health care services in my community.			
There are affordable health care services in my community.			
Individuals in my community can access healthcare services regardless of race, gender, sexual orientation, immigration status, etc.			
There are plenty of well-paying jobs available for those who are over 18 years old			
There are plenty of jobs available for those who are under 18 years old			
There are job trainings or employment resources for those who need them			
There are resources for individuals in my community to start a business (financing, training, real estate, etc.)			
Childcare (daycare/pre- school) resources are affordable and available for those who need them			
The K-12 schools in my community are well funded and provide good quality education			
Our local university/community college provides quality education at an affordable cost			
There are affordable places to live in my community			
Streets in my community are typically clean and buildings are well maintained			
Public transportation is easy to use if I need it			
Crime is not a major issue in my neighborhood			
I feel safe in my own neighborhood			
I am friendly with most of my neighbors			
There is a feeling of trust in law enforcement in my community			
Affordable healthy food options are easy to purchase at nearby corner stores, grocery stores or farmer's markets			

	Yes	No	Don't Know
In my neighborhood it is easy to grow and eat fresh food from a home garden			
I can get to a grocery store when I need food or other household supplies			
Local restaurants serve healthy food options			
We have good parks and recreational facilities			
There are good sidewalks or trails for walking or biking safely			
It is easy for people to get around regardless of ability			
Air and water quality are safe in my community			

Q40 – On average, people of color in the U.S. have worse health outcomes compared to White people. Do you think any of the following are reasons for the difference? Select an option for your response in each row below.

	Major reason	Minor reason	Not a reason
Historic gaps in wealth between White people and people of color (i.e. savings, retirement, property)			
Structural or systemic racism – that is, a system of established policies and practices that disadvantage people of color			
People of color have less access to quality education			
People of color have less opportunities for career advancement			
People of color have less access to quality housing			
People of color are more likely to be exposed to pollution and environmental toxins in places where they live			
Doctors are less likely to provide the same level of care to people of color as they do to white people			
People of color are less likely to have access to health care and insurance			
People of color have less opportunity to engage in healthy behaviors like exercise and healthy eating			
People of color are genetically less healthy than white people			

*Q41 - How many children (under age 18) currently live in your home? Select one.

- O None SKIP TO Q49 (Page 18)
- O 1
- O 2

- O 3 O 4
- O 5
- O 6 or more